



Social Support Group (ages 18+) – Northampton May-Aug 2026

Please contact us if you have any questions or would like to come along: info@enfold.org.uk

If you have any ideas for activities – we would love to hear them!

Date	Theme	Time	Venue
Wed 13 th May	Watercolour salt painting	10am – 12noon	Community Courtyard, 62 Gold Street, NN1 1RS
Wed 27 th May	Creative Writing - Phill	7-9pm	Pastures Community Centre, Welford Road, NN2 8PN
Wed 10 th June	Taskmaster Games	10am-12noon	Community Courtyard, 62 Gold Street, NN1 1RS
Wed 24 th June	Boccia/Games	7-9pm	Pastures Community Centre, Welford Road, NN2 8PN
Wed 8 th Jul	Pipe Cleaner plants/flowers & Games	10am-12noon	Community Courtyard, 62 Gold Street, NN1 1RS
Wed 22 nd Jul	Acrylic Pour Painting/Games	7-9pm	Pastures Community Centre, Welford Road, NN2 8PN
Wed 12 th Aug	Music Bingo	10am-12noon	Community Courtyard, 62 Gold Street, NN1 1RS
Wed 26 th Aug	Mini Terrariums/Games	7-9pm	Pastures Community Centre, Welford Road, NN2 8PN

Refreshments provided