



## Towcester Adult Social Group Programme May-Aug 2026

If you have any questions or would like to come along, please contact:

[info@enfold.org.uk](mailto:info@enfold.org.uk)

Date	Time	Activity	Venue
Thurs 14 <sup>th</sup> May	12-2pm	Making suncatchers	Youth and Community Centre Islington Rd, Towcester, NN12 6AU
Thurs 11 <sup>th</sup> June	12-2pm	Fun fitness/movement circuits	Youth and Community Centre Islington Rd, Towcester, NN12 6AU
Thurs 9 <sup>th</sup> July	12-2pm	Board Games	Youth and Community Centre Islington Rd, Towcester, NN12 6AU
Thurs 13 <sup>th</sup> Aug	12-2pm	Pickle ball	Youth and Community Centre Islington Rd, Towcester, NN12 6AU

Refreshments will be provided at all sessions (Tea, coffee, squash and snacks)